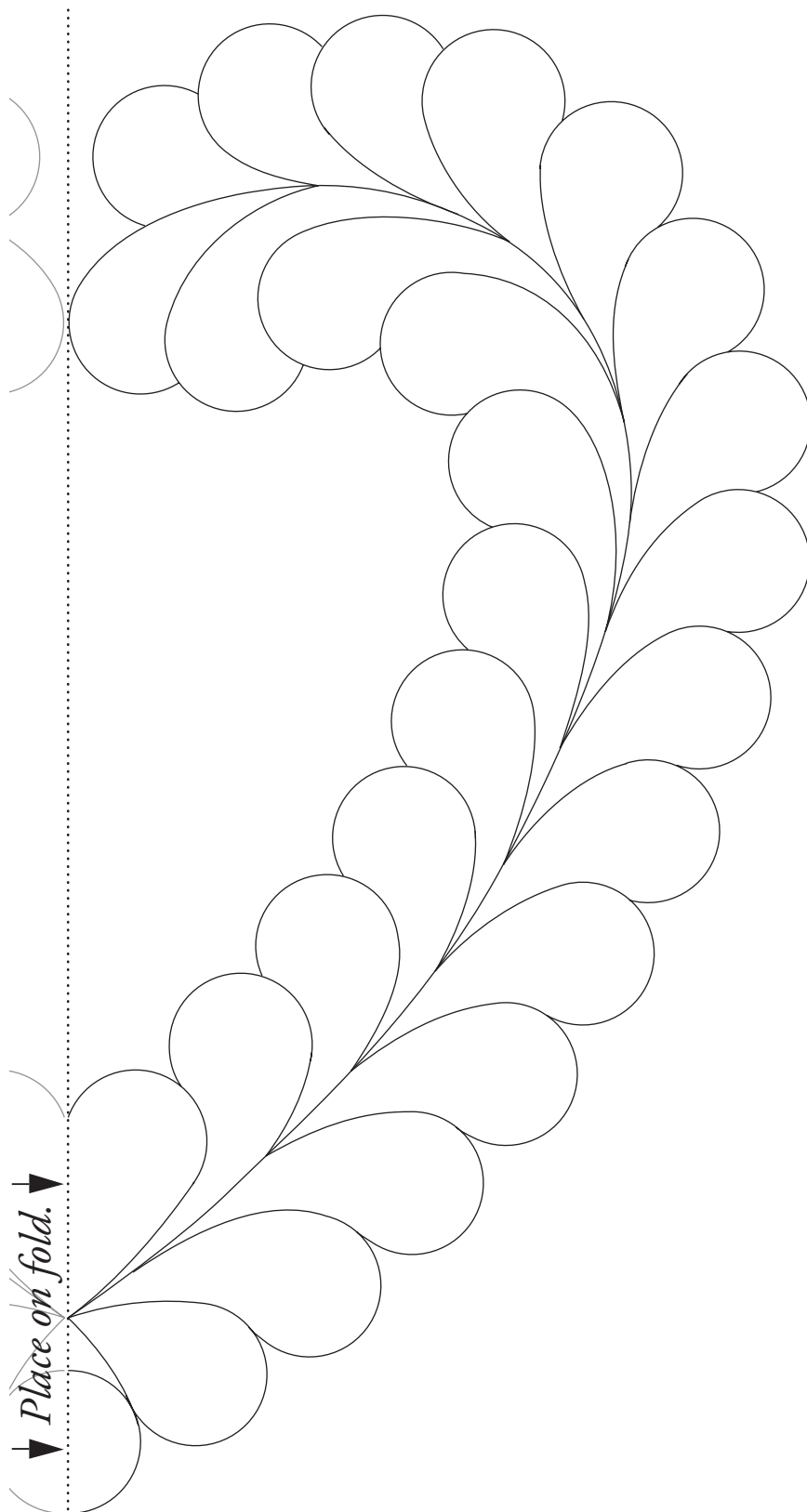


# Feathered Heart

By Marty Frolli

*Marty Frolli discovered a new way to make quilting stencils using thin craft foam. She shares her technique in the Quiltmaker's Workshop that appears in the January/February 2004 (#359) issue of Quilter's Newsletter Magazine. This is the full-size version of the Feathered Heart design that was used in the article. Print both halves of the design from this PDF file, then trim along the fold line and tape together to make a complete design for a 9-inch block.*



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